

# Trappa - Startup company in Education Technology

Trappa inc. is a startup company in Education Technology. Main goal is to integrate services and ideas with educational goals, learning and support, in schools or at home and offer ecounselling. Kara is a specialised software offered at karaconnect.com and professionals can use the software for treatment, instruction, counselling or guidance. Trappa is already providing speech therapy, anxiety therapy and educational classes online to Icelandic municipalities with great results.

The website offers variety of technical solutions for connecting professionals and those who need a service regardless of location.

# Target GroupsTopicsType of Best PracticeCountry• Adults• General• Counselling• Iceland• Children / Adolescents• Depression• Therapy• Parents• Anxiety

- Couples
- Therapists
- Health Professionals

#### **Description**

Trappa inc. is a startup company in Education Technology. Main goal is to integrate services and ideas with educational goals, learning and support, in schools or at home and offer ecounselling. Kara is a specialised software offered at karaconnect.com and professionals can use the software for treatment, instruction, counselling or guidance. Trappa is already providing speech therapy, anxiety therapy and educational classes online to Icelandic municipalities with great results.

The website offers variety of technical solutions for connecting professionals and those who need a service regardless of location.



#### Original language

Icelandic and partly English

## **Country**

Iceland

## Link

https://trappa.is



CC - Attribution-NonCommercial-ShareAlike http://creativecommons.org/licenses/by-nc-sa/3.0/

IAA – Björg J. Birgisdóttir. *Trappa - Startup company in Education Technology.* Retrieved on Tuesday August 26, 2025 from https://www.ecounselling4youth.eu/online-material/courses/TGP125/



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

https://www.ecounselling4youth.eu/project/