

Psicomindcare

Psicomindcare presents several ways to promote a healthier lifestyle in the various phases of human development, taking into account the specific needs of each stage, always considering a holistic approach. To achieve this goal, Psicomindcare has a team of technicians with various capacities to respond to the needs in different communities (families, schools or organizations).

Psicomindcare offers a wide range of services in Portuguese, some of which can be done remotely, namely distance psychology services (clinical psychology sessions by Skype and counselling via email).

Additional keywords: Intervention in dyslexia and disortography, Cognitive stimulation, Psychoeducation consultations, Play therapy, Clinical hypnosis, School support, Psychological evaluation, School and vocational guidance, Parental coaching, Speech Therapy

Target Groups	Topics	Type of Best Practice	Country
AdultsChildren / AdolescentsParentsOrganizations	• General • Education	CounsellingTherapyCoachingCommunityOther type	• Portugal

Description

Psicomindcare presents several ways to promote a healthier lifestyle in the various phases of human development, taking into account the specific needs of each stage, always considering a holistic approach. To achieve this goal, Psicomindcare has a team of technicians with various capacities to respond to the needs in different communities (families, schools or organizations).

Psicomindcare offers a wide range of services in Portuguese, some of which can be done remotely, namely distance psychology services (clinical psychology sessions by Skype and counselling via email).

The website for online sessions informs the reader that the online intervention service respects all ethical and deontological principles and has the advantage of being flexible for people who for some reason cannot go or prefer not to go to a physical office but are in need of the help of a qualified psychology specialist.

Psicomindcare offers services in clinical psychology (therapy sessions), play therapy, clinical hypnosis, school support, psychological evaluation, school and vocational guidance, intervention in dyslexia and disortography, cognitive stimulation, parental coaching, psychoeducation. speech therapy, and psycho-training programs.



Original language

Portuguese

Country

Portugal

Link

http://www.psicomindcare.pt/home

(access date: 31 July 2017)



CC - Attribution-NonCommercial-ShareAlike

http://creativecommons.org/licenses/by-nc-sa/3.0/

ESS|P.PORTO. *Psicomindcare*. Retrieved on Sunday October 19, 2025 from https://www.ecounselling4youth.eu/online-material/courses/TGP128/



The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein

https://www.ecounselling4youth.eu/project/