

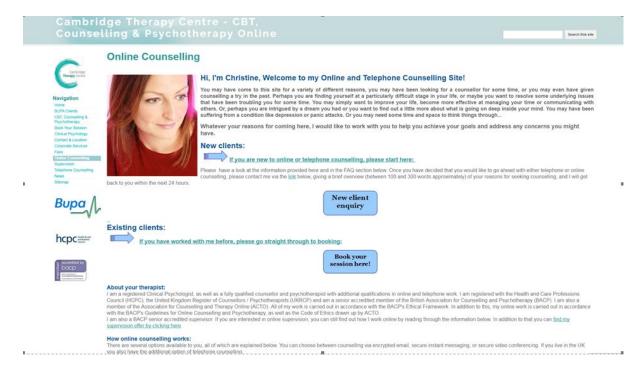
# Cambridge Therapy Centre – CBT, Counselling & Psychotherapy Online

Spletno svetovanje, ki ga ponuja Center Cambridge Therapy, nudi svetovanje ljudem z različnimi težavami. Na voljo je svetovanjem prek šifrirane e-pošte ali videokonferenčnih programov. Za tiste, ki živijo v Združenem kraljestvu je na voljo tudi telefonskeo svetovanje, ki ga izvajajo klinični psihologi.

Ciljne skupine	Teme	Vrsta dobre prakse	Jezik
<ul> <li>Odrasli</li> </ul>	• Drugo	<ul> <li>Svetovanje</li> </ul>	• Velika Britanija

## **Opis**

The Cambridge Therapy Centre offers online counselling via e-mail, secure instant messaging, video conference or telephone by a Clinical Psychologist. If the client chooses to make use of e-mail counselling, he or she will spend 50 minutes writing the e-mail and the therapist will in return spend 50 minutes on reading the email and composing the reply to the client. If the client chooses counselling via secure instant messaging, he or she agrees on a fixed 50 minute appointment slot, during which they will talk to each other via a free instant text messaging service. Counselling via secure video conference is probably most like face to face counselling. There the client and therapist also agree a fixed 50 minute appointment slot. For people living in the UK there's additionally the option of telephone counselling. Online counselling is not suitable for clients who find themselves in an acute crisis situation, are suffering from psychiatric disorders and/or are experiencing psychotic episodes or for people who need a medical diagnosis or a prescription.



## Jezik, v katerem je praksa dostopna v originalu

English

### Država

UK

### Povezava

http://www.cambridgetherapycentre.co.uk/online-counselling

(access date: 07/04/2017)



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ILI. Cambridge Therapy Centre – CBT, Counselling & Psychotherapy Online. Pridobljeno na Nedelja Oktober 19, 2025 od https://www.ecounselling4youth.eu/online-material/courses/TGP368/



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https://www.ecounselling4youth.eu/project/