

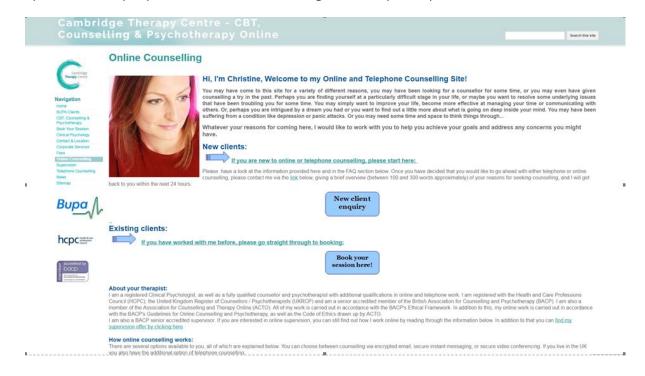
# Cambridge Therapy Centre – CBT, Counselling & Psychotherapy Online

Online savjetovanje koje nudi centar *Cambridge Therapy* pruža savjetovanje za osobe s različitim problemima. Postoji nekoliko opcija na raspolaganju klijentu: mogu birati između savjetovanja putem šifrirane e-pošte, sigurne razmjene trenutačnih poruka ili sigurne video konferencije. Za klijente koji žive u Velikoj Britaniji, postoji dodatna mogućnost telefonskog savjetovanja. Savjetovanje pruža registrirani klinički psiholog.

Ciljana skupina	Tema	Vrsta dobre prakse	Zemlja
• Odrasli	<ul> <li>Općenito</li> </ul>	<ul> <li>Savjetovanje</li> </ul>	• Velika Britanija

### **Opis**

The Cambridge Therapy Centre offers online counselling via e-mail, secure instant messaging, video conference or telephone by a Clinical Psychologist. If the client chooses to make use of e-mail counselling, he or she will spend 50 minutes writing the e-mail and the therapist will in return spend 50 minutes on reading the email and composing the reply to the client. If the client chooses counselling via secure instant messaging, he or she agrees on a fixed 50 minute appointment slot, during which they will talk to each other via a free instant text messaging service. Counselling via secure video conference is probably most like face to face counselling. There the client and therapist also agree a fixed 50 minute appointment slot. For people living in the UK there's additionally the option of telephone counselling. Online counselling is not suitable for clients who find themselves in an acute crisis situation, are suffering from psychiatric disorders and/or are experiencing psychotic episodes or for people who need a medical diagnosis or a prescription.



## Jezik originala

**English** 

## Zemlja

UK

### **Poveznica**

http://www.cambridgetherapycentre.co.uk/online-counselling

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