

Guidelines: Recommended approach for online counselling and psychotherapy

Die Irish Association for Counselling and Psychotherapy (IACP) hat Richtlinien für Berater/Psychotherapeuten zusammengestellt, die Therapie und/oder Supervision mittels Technologie oder über das Internet anbieten. Der erste Teil des Dokuments befasst sich speziell mit der Arbeit von Beratern/Psychotherapeuten, die in ihrer Arbeit mit Klienten Technologie einsetzen. Der zweite Teil bezieht sich auf die Arbeit von Supervisoren, die auch die Ferntherapie in ihrer Arbeit einsetzen. Obwohl die Richtlinien in erster Linie für Praktiker gedacht sind, sind sie für jeden, auch für Servicemanager, die an der Bereitstellung von Online-Therapie interessiert sind, gleichermaßen relevant.

Zielgruppe	Thema	Typ gutes Beispiel	Land
• Therapeuten • Berater	• Allgemeines	• Online-Schulungsmaterial	• Irland

Beschreibung

The purpose of the e-manual is to offer guidelines for several specific areas and contexts. These include *telephone counselling*, where the context is verbal exchange between client and practitioner conducted in real time, *generic voice applications* and *generic video applications*, where communication is either verbal or/and visual. Here are also forums and e-mailing which include private communication with time delay and *FaceTime* as a video chat application developed by Apple conducted in real time over Wi-Fi from iPhone or iPad. These guidelines are of relevance to all practitioners engaging in distance therapy, and should be read and considered alongside the IACP Code of Ethics and Practice for Counsellors/ Psychotherapists/Supervisors. The following areas are the principal focus of the guidelines: *practitioner competence and training, contracts and client suitability, specific issues relating to working online, professional and legal considerations and issues of jurisdiction and protocols for security and appropriate platforms to assure safety and misuse*.

The screenshot shows a Microsoft Word document window. The title bar reads "Samaritans - SpunOut.ie He | about-irish-association-for- June 17 IACP Approach +". The document content starts with the IACP logo (a blue stylized 'i' inside a circle) and the title "Recommended Approach for Online Counselling and Psychotherapy". Below this is "Part 1" and "Introduction". The text explains the guidelines are intended for counsellors/psychotherapists who provide therapy and/or supervision using technology or via the internet. It mentions two parts: Part 1 for practitioners using technology in their work with clients, and Part 2 for supervisors who also use distance therapy. The text concludes that though primarily for practitioners, they are equally relevant. At the bottom of the screen, the Windows taskbar is visible with various icons.

Ursprüngliche Sprache

English

Land

Ireland

Link

<http://www.irish-counselling.ie/onlinecounselling>

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