

Instahelp

A *Instahelp* foi fundada em 2015 com a visão de melhorar a qualidade de vida dos visitantes, proporcionando fácil acesso ao aconselhamento psicológico. Oferece consultoria psicológica em tempo real e cria uma oferta complementar ao sistema de consultoria existente. Os clientes têm a oportunidade de entrar em contato com psicólogos profissionais online e encontrar uma solução através da comunicação via chats. O foco aqui é o aconselhamento preventivo e o apoio, com o objetivo de apoiar as pessoas antes de surgirem os problemas.

Grupos-alvo	Tópicos	Tipo de Melhores Práticas	Países
• Adultos • Casais	• Geral	• Aconselhamento	• Áustria

Descrição

Instahelp was founded in 2015 with the vision to improve the quality of life of the visitors by providing easy access to psychological counseling. It offers psychological online consulting in real time and creates a complementary offer to the existing consulting system. Clients have the opportunity to contact online professional psychologists and find a solution through chat-based communication. The focus here is on preventive counseling and support in order to support people before problems arise at all.

The instructions how to make use of the services is given to potential users as follows:

"Create an anonymous *Instahelp* account.

Perform the registration to get anonymous access to *Instahelp*.

Select a psychologist in the first conversation.

The *Instahelp* coach answers your questions about *Instahelp* and suggests a psychologist.

Perform the payment.

Choose your preferred payment method and turn off the advice through your payment.

Start the consultation with your psychologist.

The *Instahelp* psychologist reports within 24 hours and agrees with you the further consultation process."

The pricing system depends on the consulting frequency and the extent of the psychologist to react to questions.

1-2x per week (Textchat) or 20 minutes per week in the Livechat (text, audio, video): 29 € per week

3-4x per week (Textchat) or 40 minutes per week in the Livechat (text, audio, video): 49 € per week

5-6x per week (Textchat) or 60 minutes per week in the Livechat (text, audio, video): 69 € per week

 **Instahelp**

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Online-Beratung von erfahrenen Online-Psychologen

Über 5.600 Personen wurde durch Instahelp bereits geholfen

Wir beraten Sie in allen Lebenslagen. Egal, ob bei Beziehungsproblemen, Depression, Jobunsicherheit oder Magersucht. Unsere Online-Psychologen sind für Sie da! - bequem von zu Hause aus und zu 100% anonym

Schon ein einziges Gespräch mit einem Online-Psychologen kann Ihr Wohlbefinden steigern.
Beschreiben Sie Ihr Anliegen. Sie erhalten innerhalb von zwei Minuten eine Antwort!

 ab € 9,90 (Erstgespräch kostenlos)

[Online-Beratung starten >](#)

Bewertungen der Online-Psychologen

 Dr. Carolina Mayer Online-Psychologe bei Instahelp  Durch Fragen hat Sie mich in Richtungen gelenkt, die mir unheimlich geholfen haben – und das in nur wenigen Sitzungen.	 Mag. Dr. Annette Wallisch-Tomasch Online-Psychologe bei Instahelp  Sehr viel Vertrauen in kurzer Zeit, sehr konkrete Handlungsansätze, lässt nicht locker. Nimmt sich Zeit,	 Mag. Raphael Duque Online-Psychologe bei Instahelp  Perfekt! Überaus rasche Antwort, total nett und bemüht. Fühle mich gut aufgehoben
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Idioma original

German

Países

Austria

Ligaçao

<https://instahelp.me/at>



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