

## Psicomindcare

Psicomindcare ponuja širok uzbor psiholoških svetovanj na daljavo, ki potekajo preko Skypa in e-pošte. Deluje tudi na področju preventivnih programov, kjer osvešča o zdravem življenjskem slogu preko različnih mobilnih aplikacij.

**Področja:** specialistične obravnave oseb z disleksijo in disgrafijo, kognitivna stimulacija, igralna terapija, učna pomoč, poklicna orientacija, posvetovalnica za starše, govorna terapija, izvajanje kliničnih hipnoz

Ciljne skupine	Teme	Vrsta dobre prakse	Jezik
<ul style="list-style-type: none"><li>• Odrasli</li><li>• Otroci / mladostniki</li><li>• Starši</li><li>• Organizacije</li></ul>	<ul style="list-style-type: none"><li>• Drugo</li><li>• Izobraževanje</li></ul>	<ul style="list-style-type: none"><li>• Svetovanje</li><li>• Terapija</li><li>• Spletno izobraževanje</li><li>• Spletna skupnost</li><li>• Drugo</li></ul>	<ul style="list-style-type: none"><li>• Portugalska</li></ul>

### Opis

Psicomindcare presents several ways to promote a healthier lifestyle in the various phases of human development, taking into account the specific needs of each stage, always considering a holistic approach. To achieve this goal, Psicomindcare has a team of technicians with various capacities to respond to the needs in different communities (families, schools or organizations).

Psicomindcare offers a wide range of services in Portuguese, some of which can be done remotely, namely distance psychology services (clinical psychology sessions by Skype and counselling via email).

The website for online sessions informs the reader that the online intervention service respects all ethical and deontological principles and has the advantage of being flexible for people who for some reason cannot go or prefer not to go to a physical office but are in need of the help of a qualified psychology specialist.

Psicomindcare offers services in clinical psychology (therapy sessions), play therapy, clinical hypnosis, school support, psychological evaluation, school and vocational guidance, intervention in dyslexia and disorthography, cognitive stimulation, parental coaching, psychoeducation, speech therapy, and psycho-training programs.

The screenshot shows the homepage of Psicomindcare. At the top, there's a navigation bar with links like 'Mais acedidos', 'Começar Aqui', 'Últimas Novidades', 'Google', 'Escola Superior de Tec...', 'Moodle@ESS | 2016/2...', 'Comunidade do Polit...', 'ESTSP :: On-Line :: Lo...', and 'Moodle e-IPP: Entrar ...'. The main header features the 'PsicoMindCare' logo with the tagline 'Mente sã, em corpo sãõ!' and social media links for LinkedIn, Facebook, and YouTube. To the right, there's an email icon with 'info@psicomindcare.pt', a phone number '924 11 66 26', and a 'Marcar' button. Below the header is a menu bar with categories: 'A PsicoMindCare', 'Consultas Psicologia', 'Consultas Online', 'Avaliação psicológica', 'Terapia da Fala', 'Medicina Tradicional', 'Outras especialidades', and 'KidsCare'. The main content area contains a large image of a path lined with trees, with the text 'está apenas a um clique' and 'de mudar a sua vida' on the left, and 'encontre o seu caminho' in the center of the image. There are also small social media icons for LinkedIn and Facebook at the bottom right.

## Jezik, v katerem je praksa dostopna v originalu

Portuguese

### Država

Portugal

### Povezava

<http://www.psicomindcare.pt/home>

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<https://www.ecounselling4youth.eu/project/>